



SUBSCRIBE

STYLE

GROOMING

GQ GIRLS

FITNESS

ENTERTAINMENT

GQ INC.

LIFESTYLE

GQ INC. ▶ Career

How To Know Whether You Should Quit Your Job



07 SEPTEMBER 2017



Quitting your job is a massive move, so what better way to make the final decision than with a no bullsh*t questionnaire.

Simon Bennett, Principal Consultant from Glide Outplacement and career coaching, says the length of time you stay in a job depends on a number of factors.

Take the GQINC quiz and see whether it's to move on or stay put.

Q1

YOUR AGE?

- A.** 20s.
- B.** 30s.
- C.** 40s and beyond.

Q2

NUMBER OF YEARS WORKED IN CURRENT ROLE?

- A.** Years? Try months.
- B.** More than a few years – have made some inroads, but you’re getting restless and keeping an ear out.
- C.** Literally centuries in dog years.

Q3

TOTAL NUMBER OF YEARS YOU’VE BEEN WORKING (ALL JOBS)?

- A.** Does shelf-stacking count?
- B.** The ten-year high school reunion was ten years ago.
- C.** You recall free tertiary education.

Q4

HOW IS CHANGE PERCEIVED IN YOUR INDUSTRY?

- A.** A given after 10 months.
- B.** As an unavoidable fact of life after a time.
- C.** As an affront to both God and man.

Q5

HOW HAPPY ARE YOU IN YOUR ROLE?

- A.** Meh. The stocked bar fridge is nice, but don’t all jobs have that?
- B.** Happy enough on finding a groove – can stick things out until it’s the right time to move.
- C.** Co-workers have become family members.

Q6

WHAT ARE YOU HOPING TO ACHIEVE IN YOUR CAREER – WORK/LIFE BALANCE FOR EXAMPLE, OR RAPID PROMOTION?

- A.** Promotions pay more, right?
- B.** Both.
- C.** Promotion, if there were any more rungs left on the ladder.

Results

Mostly As

You’ve barely clocked a year in a role and you want out. Fine, since you’re so early in your career, job-hopping may not matter. Just watch you don’t gain a rep for flitting about. Best thing may be to download a meditation app and stay put. Our advice? Gain some more experience and you’ll be better off when you start looking.

Mostly Bs

Put your shoes on because you’re ripe for walking into a new challenge. Sure, you may have hit a wall after 3-5 years punching into the same clock, but with that has

come a perfect blend of youth and good history in the industry, as well as a swag of experience in one place. Where you land, they're lucky to have you.

Mostly Cs

You're an expert in what you do. You have a long career history, and no one grasps industry nuance or organizational *esprit* like you do. Far be it from us to say what you should do, but you're closer to the end of your career than the beginning, so you may want to investigate the company position on gold watches.