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## GQ INC. ▶ Career

# How To Know Whether You Should Quit Your Job



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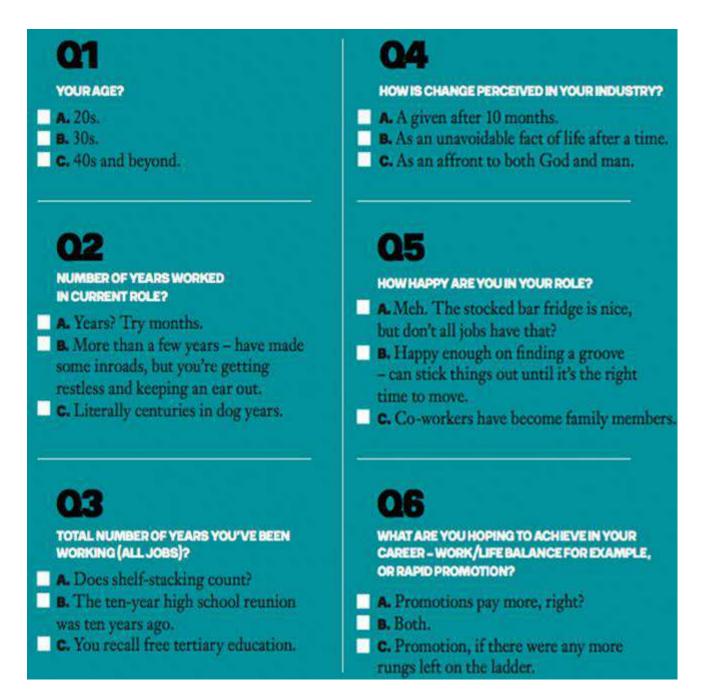




Quitting your job is a massive move, so what better way to make the final decision that with a no bullsh\*t questionnaire.

Simon Bennett, Principal Consultant from Glide Outplacement and career coaching, says the length of time you stay in a job depends on a number of factors.

Take the GQINC quiz and see whether it's to move on or stay put.



#### **Results**

#### **Mostly As**

You've barely clocked a year in a role and you want out. Fine, since you're so early in your career, job-hopping may not matter. Just watch you don't gain a rep for flitting about. Best thing may be to download a meditation app and stay put. Our advice? Gain some more experience and you'll be better off when you start looking.

#### **Mostly Bs**

Put your shoes on because you're ripe for walking into a new challenge. Sure, you may have hit a wall after 3-5 years punching into the same clock, but with that has

come a perfect blend of youth and good history in the industry, as well as a swag of experience in one place. Where you land, they're lucky to have you.

### **Mostly Cs**

You're an expert in what you do. You have a long career history, and no one grasps industry nuance or organizational *esprit* like you do. Far be it from us to say what you should do, but you're closer to the end of your career than the beginning, so you may want to investigate the company position on gold watches.